

Weekly Bulletin

Menu	Activities
Monday, October 20, 2025	
Breakfast: Bagel and cream cheese/soybuttermilk/jelly or pop-tart, cereal, fruit, juice, milk Lunch: Corn dog, french fries, baked beans, cookie, salad bar, fruit, milk	Regional VB @ Colby
Tuesday, October 21, 2025	
Breakfast: Pizza or pop-tart, cereal, fruit, juice, milk Lunch: Chili soup, cornbread, crackers, steamed carrots, cinnamon rolls, salad bar, fruit, milk	Regional VB IPS - Stuco meeting 7-9:00 Play practice
Wednesday, October 22, 2025	
Breakfast: Muffin, yogurt or pop-tart, cereal, fruit, juice, milk Lunch: Beef and noodles, roll, mashed potatoes, cookie, salad bar, fruit, milk	7:15 FCA Freshman ACT 8:10-11:00 in gym Gamers Guild 3:30-4:30
Thursday, October 23, 2025	
Breakfast: Biscuit and gravy or pop-tart, cereal, fruit, juice, milk Lunch: Cowboy cavatini, green beans, garlic toast, salad bar, fruit, milk	IPS-scholarship info meeting in library, all Seniors attend JV Scholars Bowl @ Rep. Co. 7-9:00 Play Practice
Friday, October 24, 2025	
Breakfast: Donut or pop-tart, cereal, fruit, juice, milk Lunch: Chili dogs, corn, brownie, salad bar, fruit, milk	Pep Rally Schedule 6:00 FB @ SC w/ Syracuse - Senior Night
Saturday, October 25, 2025	
	Regional VB Reg. CC TBD
"This institution is an equal opportunity provider."	